



MAY

Monthly Dining Newsletter

Leadership Letter



April was a great month for us at Caseys Pond. Our Chefs competed in our monthly superfood contest. This month was mushroom, and Jo won the competition with a wild mushroom couscous with parmesan cream sauce. I hope you come down to the Veranda and try it. We had some fun events this last month, the teaching kitchen where Nyla made chicken salad, cherry cheesecake day, oatmeal cookie day, and the earth day celebration.

Brian Keberlein
Director of Dining Services

BE THE BEST PART OF SOMEONE'S DAY.

Our Values

RESPONSIBILITY

We deliver on our promises.

We own our business, individually and as a team.



Culinary Update

The Spring Always Available menu is out with some new additions. Pulled pork sandwich and the Reuben are back by request. And if you come down do the veranda and dine with us you can get St. Louis style pork ribs. As always thanks for your input from the food forum. You will be seeing those changes shortly. The new cycle menu for the neighborhoods will be up and running on May 12th. We will go through a full cycle and then have a menu committee meeting to discuss dislikes and likes.

Trainings

- ❖ Building Effective Relationships: Communicating with Your Manager Having a healthy, positive relationship with your manager makes your work life much easier. It's also good for your job satisfaction and your career.
- ❖ Struck By/Against Injuries Watch out! Struck by/against injuries are among the top 3 work-related injuries at our company.



Wellness Corner

April showers bring.... edible flowers??
 Here are 5 edible flowers you can add to your meals in May

Squash Blossoms	An excellent source of vitamin A, they offer a good source of iron, potassium, vitamin C, calcium and contain beta carotene.
Chamomile	Studies suggest that chamomile may improve sleep quality, aid in digestion and have cancer fighting properties.
Mint	Mint flowers are full of nutrition and can help improve cognitive function as well as aid in digestion.
Lavender	This flower has been shown to help reduce depression and anxiety as well as aide in getting a good night's sleep.
Lovage	One of the major health claims about lovage is reducing inflammation, especially the urinary tract. Lovage may have diuretic and antimicrobial properties.

Last Months Happenings

Events

- Superfood: Mushrooms 04/12
- Teaching kitchen 04/17
- Cherry cheesecake day 04/23
- Oatmeal cookie day 04/30

What's Coming Up

Events Ahead

- Shrimp cocktail hour 05/10
- Mother's Day brunch 05/12
- Superfood: Leafy greens 05/17
- Memorial Day BBQ 05/27

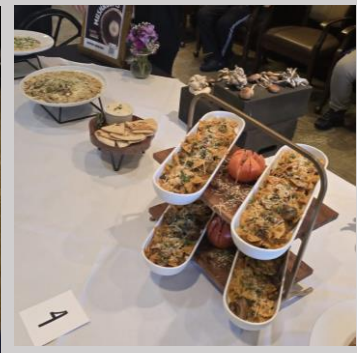
Upcoming Holidays

- Mother's Day 05/12
- Memorial Day 05/27

Operations Highlight

Operations Update

- We have implemented a reservations list in the veranda dining room. Please select a time that works for you and arrive at that time. This will help with a smooth dining service, reduce food wait times and gaps between meal courses.
- Our kitchenette remodel is complete in all neighborhoods. Thank the maintenance team for their hard work on this.
- We have a new face around here. Our new Shift Supervisor Valerie Brady, she will be serving in the veranda and helping with all the Things. Say HI when you see her.



Meet the Team!

Valerie Brady

Where are you from?: Georgia

What is your favorite food?: Crab legs

Why do you enjoy working here?: I've really enjoyed meeting all these new smiling faces! What a great community we have here!

