



MARCH

Monthly Dining Newsletter

Leadership Letter



February was a busy and exciting month for us at Caseys Pond. Our Chefs competed in our monthly superfood contest. This month was Chocolate, and Norton won the competition with a strawberry stuffed cupcake. We had the menu committee and discussed some changes to the menu in the neighborhoods. We provided some delicious snacks for the travel to Thailand and The Travel to Costa Rica events. The food at Mardi Gras was delicious. We also served up some chocolate covered strawberries. We hope you enjoyed those.

Brian Keberlein
Director of Dining Services



BE THE BEST PART OF SOMEONE'S DAY.

Our Values

PASSION FOR QUALITY

We know attention to the little things makes a difference. We take pride in efficiently delivering excellent food and service.



Trainings

- ❖ In Good Hands: HIPAA and Patient/Resident Rights: Every patient/resident deserves to be treated with care and respect. The federal government requires all patients/residents be advised of their rights.
- ❖ Personal Safety: Many associates take the bus to work or park in off-site locations. Personal safety comes first, refuse to be a victim!
- ❖ Parking lot Safety

Culinary Update

We have made it through the full cycle menu for the neighborhoods two times now. And we had our Menu Committee meeting, we had some good discussion and ideas from the residents. One was already implemented; you now have strawberry ice cream as an option in the neighborhoods. You will see some of the other changes coming soon.



Last Months Happenings

Events

- Superfood Chocolate 02/09
- Superbowl Tailgate 02/11
- Valentine's Day Dinner Special 02/14
- Chocolate covered Strawberries 02/27

Wellness Corner

March is National Nutrition Month!

Here are 5 ways to eat more sustainably

Prioritize Plants	Shifting to eating more plants is both healthy and supportive of farmers and agriculture.
Vary Protein	Consider eating non-meat sources of protein for some meals or switching up your protein to include more diversity.
Select New Seafood	Some populations of seafood are being over fished. Consider trying a more diverse array of seafood types.
Ask For Local	When possible, know where your fruits, vegetables and meats are being sourced from and try to shop as local as possible.
Eat Mindfully	Reflect of the food your eating, make intentional choices and pay attention to the bigger picture.

What's Coming Up

Events Ahead

- Oreo Social 03/06
- Superfood: Seeds 03/08
- Cookie and Milk Bar 03/10
- Special St. Patrick's Day Menu 03/17
- Easter Buffet 03/31

Upcoming Holidays

- St. Patrick's Day 03/17
- Easter 03/31

Operations Highlight

Operations Update

- We have implemented a reservations list in the veranda dining room. Please select a time that works for you and arrive at that time. This will help with a smooth dining service, reduce food wait times and gaps between meal courses.
- Our kitchen remodel is complete in creek side and Pond Side, The maintenance team will be working on mountain side next.



Meet the Honorary Team!

Peter Tratiack

Where are you from?: West Springfield, Massachusetts

What is your favorite food?: Pizza and pasta

Why do you enjoy working here?: Because it keeps me busy, and I enjoy helping when others are running behind. I'm an old-fashioned kind of guy.

